Romans 14:18-23 NIV

¹⁷ For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, ¹⁸ because anyone who serves Christ in this way is pleasing to God and receives human approval.

¹⁹ Let us therefore make every effort to do what leads to peace and to mutual edification. ²⁰ Do not destroy the work of God for the sake of food. All food is clean, but it is wrong for a person to eat anything that causes someone else to stumble. ²¹ It is better not to eat meat or drink wine or to do anything else that will cause your brother or sister to fall. ²² So whatever you believe about these things keep between yourself and God. Blessed is the one who does not condemn himself by what he approves. ²³ But whoever has doubts is condemned if they eat, because their eating is not from faith; and everything that does not come from faith is sin.

Mark 2:27

The Sabbath was made for man, not man for the Sabbath.

Matthew 23:12

Whoever exalts himself will be humbled, and whoever humbles himself will be exalted.

- A: 14:5: Be fully convinced in your own mind.
- B: 14:13: Don't put a stumbling block in your brother's way.
- C: 14:14: Nothing (no food) is unclean.
- D: 14:15: Do not destroy your brother.
- E: 14:16: Do not let your good (liberty) be spoken of as evil.
- F: 14:17: The kingdom of God is righteousness, joy, peace.
- F': 14:19: Pursue the things that make for **peace**.
- E': 14:20: Your clean food becomes evil if you hurt a brother.
- D': 14:20: Do not tear down the work of God.
- C': 14:20: All things indeed are clean.
- B': 14:21: Don't do anything by which your brother stumbles.
- A': 14:22: Have your own conviction before God.

1 John 4:20-21

²⁰ If someone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen?
²¹ And this commandment we have from Him: that he who loves God must love his brother also.

Colossians 3:23

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters

Matthew 5:9

Blessed are the peacemakers, for they will be called children of God

Ephesians 4:29

Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers "The greatest enemy of peace is self-centeredness. The greatest promoter of peace is love for others." **Colossians 1:10** live a life worthy of the Lord and please Him in every way: bearing fruit in every good work, growing in the knowledge of God

- Am I living for personal pleasure or for God's glory? (Colossians 3:1-4; 2 Timothy 2:4; 2 Cor 5:14-15; Gal 5:16-18)
- Could this activity become addictive or take control of me? (1 Corinthians 6:12; Ephesians 5:18)
- Will my actions reflect well on my Christian witness? (1 Timothy 4:12; Colossians 4:5)
- Will this help build up my faith and encourage others toward godliness? (1 Thessalonians 5:11; 1 Corinthians 10:23)

A good conscience is the palace of Christ; the temple of the Holy Ghost; the paradise of delight; the standing Sabbath of the saints.

Charles Spurgeon

